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Antimicrobial and anti-adhesive properties of fucoidan against oral pathogens

口腔病原微生物に対するフコイダンの抗菌性および付着阻害効果



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Objective

Fucoidans are sulfated polysaccharides that are found in marine algae.

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Fucoidans have been examined for their health benefits and have been reported to exhibit multiple biological activities, such as anticancer, antiulcer, antioxidant, anticoagulant, antiinflammatory, and immune-modulatory activities.

The mechanisms underlying these activities have not yet been completely elucidated.

Methods

①Endotoxin-neutralizing activity of fucoidans (LAL assay); After treatment with the Endotoxin Removing Gel (20399, Thermo Fischer Scientific Inc), the ability of fucoidans to bind and neutralize smooth-type LPS was assessed using a quantitative chromogenic *Limulus* amebocyte lysate (LAL) assay [3].

② The disk diffusion method [4] was used to examine the antimicrobial and antibacterial effects of fucoidans on oral pathogens. The diameters of the inhibition zones were measured and analyzed by the one-way dispersion method and subjected to multiple comparisons using the Dunnett's test.

③The ability of each fucoidan to inhibit the adhesion of *S. mutans* to bovine teeth and porcelain was examined using the MTT assay [5].

In the field of oral medicine, two case reports have shown that fucoidan-containing cream markedly improved recurrent aphthous stomatitis [1] and oral herpes labialis [2]. The aim of this study was to examine the antibacterial and antiadhesion properties of fucoidans, which may lead to their use in oral medicine.





Results

The following results were obtained:

①The LAL assay findings suggested the ability of Fucoidans to bind and neutralize LPS.

②Fucoidan derived from Bladderwrack (Sigma crude) exhibited high antimicrobial activity against *C. albicans, S. mutans and P. gingivalis.* When added to the liquid culture medium, a growth inhibitory effect on *C. albicans* was confirmed.

③ Fucoidans also significantly inhibited the adhesion of *S. mutans* to bovine teeth and porcelain.

Materials

Various Fucoidans, crude and purified fucoidan from Bladder wrack (*Fucus vesiculosus*; SIGMA, F5631 and F8190, respectively), sulfated ±-L-Fucan (Cayman, 9072-19-9), low molecular weight Fucoidan (*Cladosiphon novae-caledoniae*; Daiichi-Sangyo, mixtures of digested and nondigested fractions) and 4% Fucoidan cream (Power fucoidan cream, Daiichi Sangyo) were used in this study.

As the oral pathogens, *Candida albicans* (*C. albicans*, JCM1537), *Streptococcus mutans* (*S. mutans*, JCM5705), and *Porphyromonas gingivalis* (*P. gingivalis*, JCM8525) were used. For the MTT assay, alamar-Blue Cell Viability Reagent (Invitrogen, DAL1025) was used.

Conclusion

These results suggest that fucoidans could be useful in oral medicine.

References

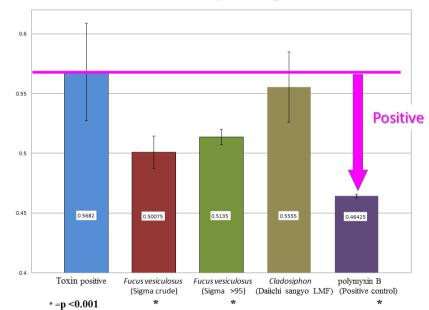
- [1]Tsubura S, et al., J of Clanio-Max. Diseases, 2012;1:104-108 [2] Tsubra S, and Suzuki A, Dent Open J. 2017; 5(1): 6-10.
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- [3] Taniguchi M, et al., Peptides, 2016;75:101-108
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① Endotoxin-neutralizing activity of fucoidans

The ability of fucoidans to bind and neutralize smooth-type LPS was assessed using the quantitative chromogenic *Limulus* amebocyte lysate (LAL) assay.

Materials	Mean value OD 405nm, @90min RT	SD	p<0.001
Toxin (60pg)+ LAL (positive cont.)	0.5682	0.0408	
LRW + LAL (negative back ground)	0.1146	0.0177	*
Bladderwrack 0.1μg/μθ (Sigma, F5631, crude)	0.5001	0.0136	*
Bladderwrack 0.1μg/μθ (Sigma, F8190, > 95)	0.5135	0.0064	*
Namacystus 0.1μg/μℓ (Daiichi sangyo, LMF)	0.5555	0.0294	
Polymyxin B 10μU/μθ (neutralize positive cont.)	0.4643	0.0015	*

The LAL assay findings suggested the ability of Fucoidans to bind and neutralize endotoxin, similar to polymyxin-B.



The quantifiable data obtained were analyzed by f-test and t-test.
Statistical significance was set at P < 0.001

polymyxin B

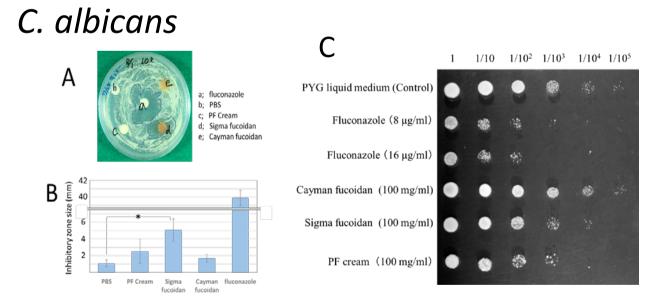
Fucus vesiculosus (Sigma >95)

Cladosiphon (Daiichi sangyo LMF)

The endotoxin neutralizing activity of each Fucoidan sample (0.1 μ g/ μ l) was expressed relative to that of polymyxin-B (10 μ U/ μ l).

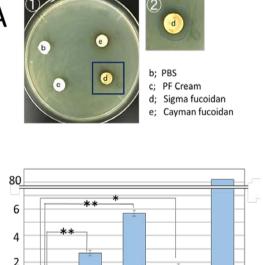
2 Antimicrobial activity of Fucoidans

Fucoidan derived from Bladderwrack (SIGMA, crude, F5631) significantly inhibited proliferation of the oral pathogens examined.



- A: Typical inhibitory zone against *C. albicans*.
- a: Fluconazole was used as a positive control. d: A inhibitory zone around the Sigma fucoidan disc; although the zone was an unstructured circle.
- **B**: Size of the inhibitory zone against *C*. *albicans**, P < 0.05.
- **C**: Spot test of *C*. *albicans* growth. Fucoidan or fluconazole (positive control) were added to overnight culture of *C*. *albicans* (500 cells/ml), and diluents were spotted on the PYG agar plate and incubated at 37°C overnight. PF cream and Sigma fucoidan inhibited the proliferation of *C*. *albicans*.

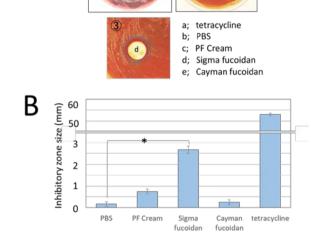
S. mutans



A: 1 Typical inhibitory zone against *S. mutans*. Penicillin was used as a positive control (data not shown). 2 Magnified view

- used as a positive control (data not shown). ②Magnified view of the blue box on the left..
- d: A clear inhibitory zone around the Sigma fucoidan disc.B: Size of the inhibitory zone against *S. mutans.* **, P < 0.01.
- *, P < 0.05.

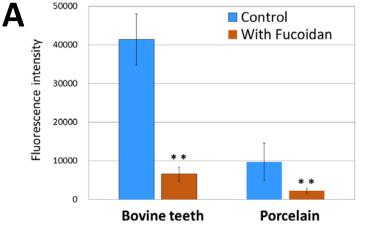
P. gingivalis

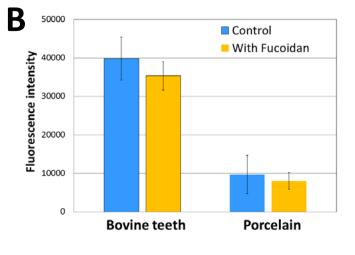


- A: Typical inhibitory zone against *P. gingivalis*.
- a: Tetracycline was used as a positive control. 3 shows a magnified view of the blue box on the right.
- d: Clear inhibitory zone around the Sigma fucoidan disc.
 B: Size of the inhibitory zone against *P. gingivalis*. **, P < 0.01. *, P < 0.05.

(3) Inhibition of S. mutans adhesion by Fucoidans

The ability to inhibit adhesion of *S. mutans* to bovine teeth and porcelain was examined using the MTT assay.





A: Inhibition of *S. mutans* adhesion by Bladder wrack SIGMA crude(*: P < 0.01) B: Inhibition of *S. mutans* adhesion by Bladder wrack SIGMA >95%

Fucoidan from Bladderwrack (SIGMA crude, F5631, $50\mu g/\mu l$) significantly inhibited the adhesion of *S. mutans* to bovine teeth and porcelain.

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Conflict of Interest

The authors declare no conflict of interest.